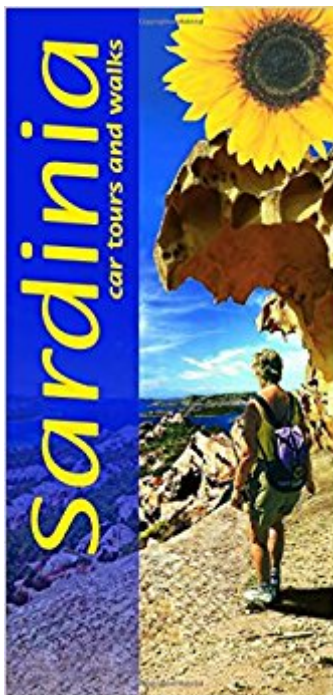


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# Sardinia: Car Tours And Walks (Sunflower Landscapes)



## Synopsis

Sardinia, the second largest island in the Mediterranean, is a countryside lover's paradise. Touring Sardinia by car, you quickly leave all traces of tourism behind: the six car tours cover about 1600km (1000 miles). The tours are arranged in such a way that they can be combined, allowing you to tour round the whole island.----- As you tour, explore on foot: walking in Sardinia, crushing the fragrant Mediterranean macchia underfoot, will give you the real flavour of the island. Its scenic diversity ranges from rough and primeval landscapes to gentle golden sand dunes, from scorching rocky plateaux and windswept plains reminiscent of Africa to rolling hills with lush pastures and dense brushwood, from towering mountains cloaked in fine oak woods to a turquoise sea that touches the rocky coast. Colourful rock roses and an extravaganza of wild flowers flourish in spring.----- 6 car tours (with accompanying touring maps), 37 long and short walks (each with 1:50,000 topo map), 16 picnic suggestions. Plans of Cagliari and Sassari. Free online update service with specific route change information on the publisher's website, maintained daily.-

----- The 'Landscapes' series, with 50 destinations, has been dubbed 'the blue Bibles' by the Sunday Times and led to Sunflower coming third out of a field of 15 publishers in the 2014 Holiday Which? guidebook roundup.----- As with all Sunflower books, these are great walking books, and you can use the Sunflower website to check for any updates to the routes before you go on each trip. A great book and great after-sales service from the writers. We did some fantastic walks and you get so much good local information on the region too. Would recommend all Sunflower books. [We also have] the Crete, Majorca and Menorca books...(JJ, )----- A great book!!! I highly recommend it, even if, like me, you are not fluent in English, all terms are easily understandable. (PG, )----- Another faultless Sunflower Book. Sunflower guides are always the ones I look for whenever I'm considering a destination. Although pitched heavily at walkers they generally offer a very good synopsis of the best natural sites which are available to the visitor and even those who don't walk much will get something out of them. The detail [in the car tours] is excellent and we were able to use them for the basis of a week long road tour of Sardinia and certainly felt well guided around much of the natural wonder of the island. The few walks we had the chance to do were excellently described in both terms of difficulty and directions, meaning we had no worries about being lost at any time. (Cubegame, )

## Book Information

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